

SUPPORT GROUPS

All group members must be out of the building NO LATER THAN 8:45pm

MEETING	TIME	LOCATION	CONTACT	PHONE
MONDAY				
Recovery Inc.	6:30 – 8:30 PM	101 Outpatient Ctr.	Richard	(916) 962-0758
American River Area Narcotics Anonymous Sub-Committee Meeting only	6:30 – 8:30 PM	106 A/B Outpatient Ctr.	Pam Wiese	(916) 928-9374
Sacramento Area Business Group (Meets the 2nd Monday of each month.)	7:00 – 9:00 PM	104D Outpatient Ctr.	Marilyn Benson	(916) 600-1623
American River Area Narcotics Anonymous Hosp. & Institutional Sub Committee (Meets the 3rd Monday of each month)	7:00 - 8:30 PM	104D Outpatient Ctr.	Robert Huhn	(916) 821- 8167
TUESDAY				
Adult Aftercare (HOH Group)	3:15 – 4:45PM	101 Outpatient Ctr.	Stan, PsyD. CADC-II	(916) 830-2224
Addiction /Codependency Education	5:30 – 7:00PM	104D Outpatient Ctr.	Stan, Psy.D., CADC-II	(916) 501-3241
NAM I Fall Peer-to-Peer Class (Start Date, September 25, 2012)	6:30 8:30PM	101 Outpatient Ctr.	Alysse Adularia, Program Cord.	(916) 364-1942 or (209) 256-4700
WEDNESDAY				
Gamanon (friends/family members only) Meets 1 st & 3 rd Wednesdays	7:00 – 8:30 PM	106 A/B Outpatient Ctr.	Tom Cheu	(916) 875-9235
OA Group	7:00 - 8:30 PM	101 Outpatient Ctr.	Dawn Cooney	(916) 484–6048
THURSDAY				
Sexual Addiction Anonymous (Big Book study)	7:30 – 8:30PM	101 Outpatient Ctr.	Eric Simons	(916) 849-6272
Addiction /Codependency Education	5:30 – 7:00PM	104D Outpatient Ctr.	Stan, Psy..D., CADC-II	(916) 501 – 3241
NAMI Family Support Group (Meets 2nd Thursday of each month)	6:30 – 8:00PM	100B Outpatient Ctr.	Pat Pavone	(916) 397-7831
American River Area Narcotics Anonymous Public Relations (Meets 3rd Thursday of each month)	7:00 – 9:00PM	106 A/B Outpatient Ctr.	Robert Calvo	(916) 821-7002
Sexual Addiction Anonymous for families (Meets 1st, 2nd, 4th & 5th Thursday of each month)	7:00 – 8:30 PM	106 A/B Outpatient Ctr.	Mary Sims	(916) 988-2993
(Meets 3rd Thursday in 100)	7:00 – 8:30 PM	100B Outpatient Ctr.		
FRIDAY				
Co-Dependent Anonymous (Women Only)	7:00 - 8:30 PM	101 Outpatient Ctr.	Jane Sours	(916) 459-7176
Sexual Addiction Anonymous 12 step - open to treatment providers as well	7:30 – 8:30 PM	106C Outpatient Ctr.	Alex Stuart	(916) 225-7333
12-Step Bipolar Support Group	7:30 – 8:30 PM	106 A/B Outpatient Ctr.	David Collins	(916)-889-5786
SUNDAY				
Co-Dependent Anonymous	2:00 - 3:30 PM	101 Outpatient Ctr.	Marilyn Benson	(916)600-1623
American River Area Narcotics Anonymous Admin Group (Meets 2nd Sunday of each month)	4:00 – 5:00 PM	106 A/B Outpatient Ctr.	Dan Baughman, Vice Chairman	(916) 628-9476
NAMI Connection for Veterans (Will start on September 30, 2012)	7:00 – 8:30 PM	101 Outpatient Ctr.	Joe Teixeira	(916) 425-9855

Address: Medical Office Building @ 4300 Auburn Blvd, Sacramento, Ca. 95814

IF YOU ARE INTERESTED IN ATTENDING ANY OF THESE GROUPS, PLEASE CALL THE CONTACT PERSON FOR THE GROUP YOU ARE INTERESTED IN TO SEE IF THERE IS SPACE AVAILABLE.

If you have re-arranged the meeting room, please take time to arrange it back to its original configuration prior to leaving.

NOTE: There are no Groups on Saturdays.