



NOW OFFERING VIRTUAL (V) SERVICES FOR TEENS & ADULTS :

TELEASSESSMENT | V-INTENSIVE OUTPATIENT PROGRAM (IOP) | V-PARTIAL HOSPITALIZATION PROGRAM (PHP)

For individuals suffering with behavioral health disorders, V-IOP and V-PHP allow the flexibility to receive treatment from the comfort of home with less interference to daily life. Virtual programs offer the same therapeutic support available in an in-person treatment setting. Ideal for someone experiencing emotional distress, psychiatric symptoms, and/or substance abuse issues that are negatively impacting everyday functioning.

PROGRAMS INCLUDE:

- Physician oversight/ medication management
- Care management with an assigned clinician
- Therapeutic group sessions on Zoom
- Free weekly aftercare groups
- Safety Planning

Most insurance, HMO's, PPO's,
Medicare & TriCare accepted

*Access to reliable internet/Wi-Fi and a computer
or smart mobile device is required to
participate in all virtual services*



For more information, call (916) 480-5101
or visit theoaksoutpatient.com